

# Blocked Sessions (Count)

The Blocked Sessions (Count) metric counts the number of sessions on the SQL Server instance blocked by other sessions holding requested locks.

By default, a blocked session waits forever for a lock. You can change this behavior by adding `SET LOCKTIMEOUT 60000` to the top of the first T-SQL batch after you make a connection.

SQL [Diagnostic Manager](#) identifies and resolves SQL Server performance problems before they happen. [Learn more](#) > >

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