

# Restore policies

Restore policies allow you to define backup maintenance plans across multiple SQL Server instances in your enterprise. These instances can reside on one or more physical servers.

SQLsafe offers [backup policies](#), restore policies, and [log shipping policies](#) to address different needs.

## What is a restore policy?

A restore policy consists of a list of databases you want to restore, a source backup archive, and a schedule according to when the restores will be performed. You can then monitor the status of each recurring restore, all from a single point of contact in the Management Console.

## How do restore policies help me?

Restore policies allow you to plan and schedule your SQL Server restore maintenance, as well as monitor its success and failures, all from a single point of contact at the Management Console.

## Can I select InstantRestore for my restore policy?

No. [InstantRestore](#) is available only when [performing a manual restore](#).