

# Automate Backups and Restores

A SQL Safe policy consists of a set of databases for which a set of disaster recovery operations will be performed according to a defined schedule. You can use policies to enforce corporate standards or Service Level Agreement (SLA) requirements.

SQL Safe allows you to perform the following policies:

- [Create a backup policy](#) - backup policies allow you to quickly and easily schedule backups for large sets of databases that have similar needs.
- [Create a log shipping policy](#) - log shipping policies allow you to schedule the synchronization of transaction logs between a primary database and one or more secondary databases.
- [Create a restore policy](#) - restore policies allow you to schedule the routine recovery of a specific database.

How do you access the Policies status?

To view any policy status, click **Policies** in the navigation pane, and then select the appropriate policy listed in the tree pane. SQL Safe provides an at-a-glance record of your policy statuses.

You can view information about all your policies (per type) or view the status of an individual policy. You can also create new policies, edit existing policies, view your policy settings, or disable them.

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